

THE SECRET

PHILIPPIANS CHAPTER 4

JULY 31 & AUGUST 1, 2010

IN A NUTSHELL

What is the secret of life? This is an age-old question. In Philippians Chapter 4, the apostle Paul tells us not to be anxious, to replace impure thoughts with godly thoughts, and that contentment comes from learning to be happy whether rich or poor, well fed or hungry, owning a lot or nothing. And he reminds us of the source of our strength

TALK IT OUT

- **Verse 6.** Do you think that you worry too much or too little? What are you worried about? Do you feel comfortable bringing your worries to the Lord in prayer?
- **Verse 8.** What things should we think about? What should we do when we think about something that doesn't honor God?
- **Verses 11-13.** Has your walk in faith as a Christian made you more content? Why do you think it has?
- In **Philippians 1:27** we read that we should "Above all, live as citizens of heaven." What does this mean and how should we do it?

DRAW IT OUT

As believers in Jesus, our names are written in the Book of Life. We need to trust God and be content despite the difficulties in life. We are called as disciples of Jesus Christ to be humble, gentle, and peaceful.

REJOICE: In verses 4 and 5, Paul tells us to rejoice in the Lord.

REQUEST: In verse 6, Paul tells us to petition the Lord, to make our requests known.

REASON: In verse 8, Paul gives us his description of what is reasonable to think about.

REPRODUCE: In verse 9, he says be sure to do these things, put them into action.

LIVE IT OUT

Sunday August 1, at the Gardens Campus is a **Night of Worship** from 7:00-9:00 pm. All of our teams will come together with us to give praise to our King.

Our **Annual Women's Retreat** is coming up **Friday August 27 and Saturday August 28** at the Ft. Lauderdale Marriott Harbor Beach Resort & Spa. Register online before August 9. You can download a brochure at: <http://gochristfellowship.com/fileadmin/10CF/content/connect/women/brochure.pdf>.